

# Learn how to tie the Loop Fly

Illustrations and instructions by: Capt. Bill Murphy & [www.e-zbody.com](http://www.e-zbody.com)

The Loop Fly design was inspired by another fly named the Goldie, which was originated by Dick Empie of North Attleboro, MA using a similar looping technique. Dick had been fishing the Goldie for about 8 or 9 years with great success, many seasons he had logged over 1000 fish on this one fly pattern. I had also enjoyed the success of the Goldie for a number of years and it gave me the idea of creating a streamer pattern made entirely with looped Bill's Bodi-Braid.

I tied my first Loop Fly about 3 years ago and started fishing it in the salt for Stripers and False Albacore in the fall of 2008. It quickly proved to be an effective pattern as well as being a fast and easy fly to tie. In the fall of 2009 I put over 200 False Ablacore in the boat on this pattern alone. I started out tying them in Pearl and Silver and quickly incorporated other colors into the pattern. Tie some up in various color combinations as well. I like tying them in Platinum over Silver, Silver over Pearl, Silver & Gold, Bronze over Gold and Ice Pink over Pearl.

I think you'll find this to be a fun, easy, effective fly to tie.

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**Hook: Mustad 34007 #2**

**Materials: Bill's Bodi-Braid, Mono tying Thread**

**Tools: Bobbin, Scissors, Regular Hair Comb**

**Cement: Softex or similar soft cement**

Step 1



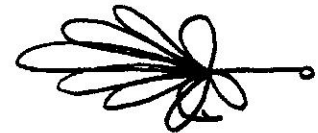
Begin by making a set of 5 loops, short, medium, long, medium short.

Step 2



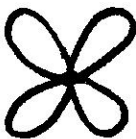
The body loops are done by making a series of "propeller" loops along the hook shank. The top loop will become the dorsal area and the bottom 2 loops will become the flank & belly area.

Step 3



Once the tail loops are secured, start your 1st set of "propeller" loops and continue making equal sized sets of "propeller" loops all the way up the shank until you are ready for your last set behind the hook eye.

Step 4



The last "propeller" loop will serve as the collar of the fly, this should be a 4 loop "propeller" which will fill out the front of the fly nicely.

Step 5



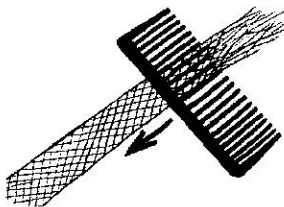
Now it's time to cut the loops. By cutting the loops off center, and at a slight angle, the stands will be tapered in length. This helps to achieve a full, tapered body.

Step 6



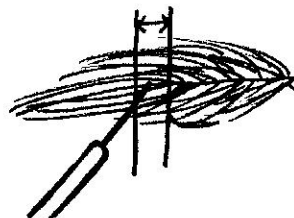
Begin cutting the loops; try to cut the lower loops with the short strand on the belly side and the longer strand on the flank side of the fly. Cut the tail loops as described in Step 5 with particular attention to the angle cut.

Step 7



Now it's time to comb out the braids. Take the fly out of the vise and hold it by the hook eye. Then place it on your lap so the comb can penetrate the braid. Start at the tips of the braid and work the comb towards the hook until done.

Step 8



Use your bodkin and apply a small amount of Soft Cement into the tail area right behind the hook bend. This will help to prevent fouling.



Eyes are optional, I generally fish them blind. Add head cement and your done.